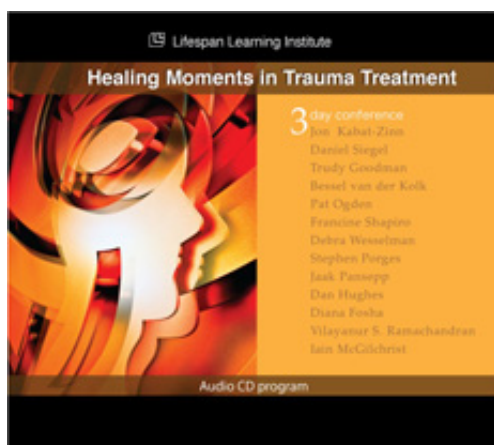


Healing Moments in Trauma Treatment



Price: \$80.00

Description

"This audio recording includes all presentations available from the 2011 IPNB conference. Here we bring together distinguished experts in the fields of mindfulness, attachment, trauma, interpersonal neurobiology, and trauma-based disorders. Presenters illuminate the mechanisms underlying how brain and body processes are shaped by attachment and emotion during development. Discover how the experiences of trauma, deprivation, and neglect impact the developing mind and how therapeutic relationship can promote healing. Preview audio samples included in this program: {module [195]}"

Objectives

After completion of this program listeners will be able to:

1. Outline 3 models for trauma treatment.
2. Integrate aspects of the mind/body connection.
3. Identify 5 steps in effective use of EMDR.
4. Describe 5 ways to use brain research in clinical treatment.
5. Evaluate 2 models designed to foster mindfulness in clients.

Specification

Conference Recordings	
Presenter(s)	Jon Kabat-Zinn, Daniel Siegel, Trudy Goodman, Bessel van der Kolk, Pat Ogden, Francine Shapiro,

	Debra Wesselman, Stephen Porges, Jaak Panksepp, Dan Hughes, Diana Fosha, Vilayanur S. Ramachandran, Ruth Lanius, Iain McGilchrist,
Time	18 hours
Year	2011