

Short Term Therapy for Long Term Change



Price: \$60.00

Short Description

This program brings together four senior clinicians who have studied and evaluated the technique of ISTDP and have gone on to revise the process according to their own personalities and clinical experiences.

Description

Description Habib Davanloo is the founder and pioneer of the method of Intensive Short-Term Dynamic Psychotherapy (ISTDP), which is taught and used at psychotherapy and psychiatry centers worldwide. The method offers theoretical, metaphysical and technical knowledge which can be used with extraordinary precision to mobilize unconscious mental processes in order to achieve therapeutic results. {module [164]}

Objectives

After completion of this program you will be able to:

1. Identify the spectrum of patients appropriate for short-term therapy
2. List different models of short-term dynamic psychotherapy
3. Recognize the essential therapeutic elements to guide short-term therapy.
4. Identify defenses and techniques for management of resistance to therapeutic change.

5. Recall techniques to facilitate outcome evaluation.

Specification

Conference Recordings	
format	mp3 audio
Presenter(s)	Patricia C. Della, Leigh McCullough, Robert Neborsky, Michael Alpert, David Malan
Series	Clinical Psychology
Time	7 hours
Year	2000