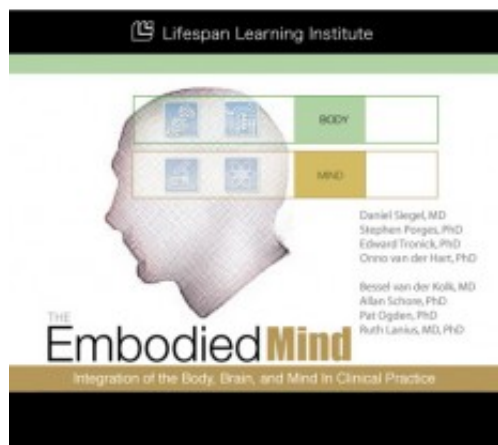


The Embodied Mind: Integration of the Body, Mind and Brain in Clinical Practice



Price: \$70.00

Description

"Traumatized people may continue to repeat the past by reacting to fragments of the memories and reminders of past trauma in new situations. This conference examines how an integrated clinical practice can effectively treat patients' post traumatic experiences which have led to current disorders. Neuroscience research shows that most experience is automatically processed on a subcortical level by unconscious reactions that are made outside of conscious awareness. Traumatic memories are processed differently from normal memories, as they are often dissociated and may be inaccessible to verbal recall or processing. Reenactment plays out in the theaters of the body, and in the individual's inability to form and sustain reciprocal interpersonal relationships. {module[202]}"

Objectives

After completion of this program you will be able to:

- 1) Recognize how experience is processed in brain, mind and body.
- 2) Explain how trauma is reenacted throughout a lifetime.
- 3) Demonstrate techniques of using body awareness to connect to emotions.

Specification

Conference Recordings

| | |
|--------------|---|
| format | mp3 audio |
| Presenter(s) | Attachment |
| Presenter(s) | Daniel Siegel, Stephen Porges, Edward Tronick, Onno van der Hart, Bessel van der Kolk, Allan Schore, Pat Ogden, Ruth Lanius |
| Time | 10 hours |
| Year | 2006 |