

Keeping Love Alive - Desire, Monogamy & the Neurobiology of Intimate Attachments



Price: \$49.00

Description

Under the best circumstances, consistent, successful management of closeness and distance can be a thorny undertaking for adult couples. Add the presence of early relational trauma to the mix, however, and the ability to sustain positive interaction becomes an infinitely more complex and daunting task. What new information has twenty-first century research in psychology, anthropology and neuroscience discovered that can facilitate the process of relationship development and repair? This conference brings together an outstanding faculty of renowned clinicians and researchers to provide an in-depth view of love, romance and intimate attachments. Explore modern relationships through the perspective of attachment theory, affective neuroscience and interpersonal neurobiology. The focus is on what helps people create connections, what to do if the bonds of love are frayed and what makes relationships thrive over time. {module [148]}

Objectives

After completion of this program listeners will be able to:

1. Identify effective interventions that aid couples to rekindle and maintain early bonds.
2. Explain biological theory of why people fall in love with one person rather than another.
3. Recognize how psychotherapy can potentially alter one's attachment style.
4. Interpret data of 40, 000 subjects from the internet dating site chemistry.com.

Specification

Conference Recordings

Presenter(s)	Stephen Porges, Sue Carter, Stan Tatkin, Ellyn Bader, Philip Shaver, Susan Johnson
Series	Anatomy of Intimacy
Time	8.5 hours
Year	2008