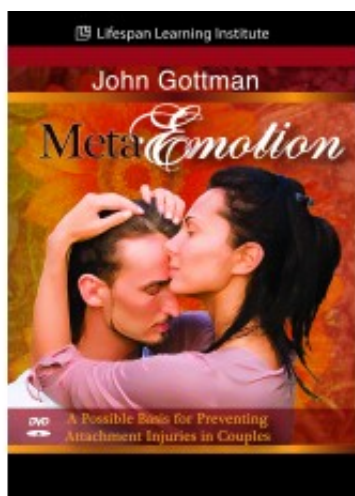


## MetaEmotion - John Gottman - Video



**Price: \$39.00**

### Description

" This video presentation of Dr. John Gottman was recorded at the 2003-healing-traumatic-attachment-injuries-and-preventing-relapse-in-couples-therapy Healing Traumatic Attachment Injuries and Preventing Relapse in Couples Therapy conference. Dr. Gottman is world renowned for his work on marital stability and divorce prediction, involving the study of emotions, physiology, and communication. In this program he presents recent developments about the kinds of therapeutic interventions in couples therapy which produce lasting change. In this video Gottman discusses his work on Meta-Emotion and its promise in preventing attachment injuries, which ultimately leads to better relapse prevention. He also explains his psycho-educational approaches to build stronger foundations of marital friendship and repair.

### Specification

Conference Recordings	
format	mp4 video
Presenter(s)	John Gotten
Series	Attachment
Time	44 min
Year	2003